





Toddle presents

Supporting and Sustaining Wellbeing

Practical, online workshops for Australian school leaders and teachers

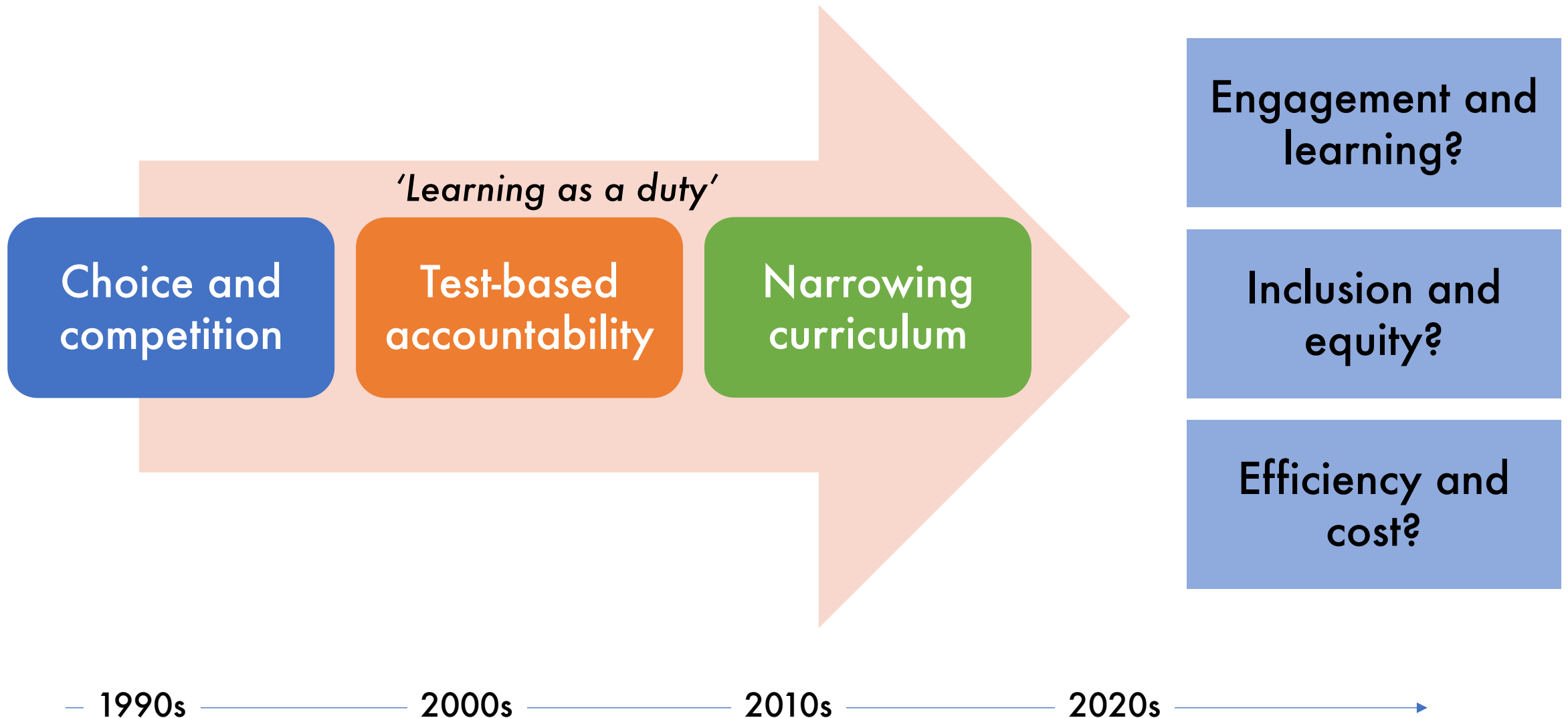
11th of June, 2024 | 15:30 - 17:30 AEST



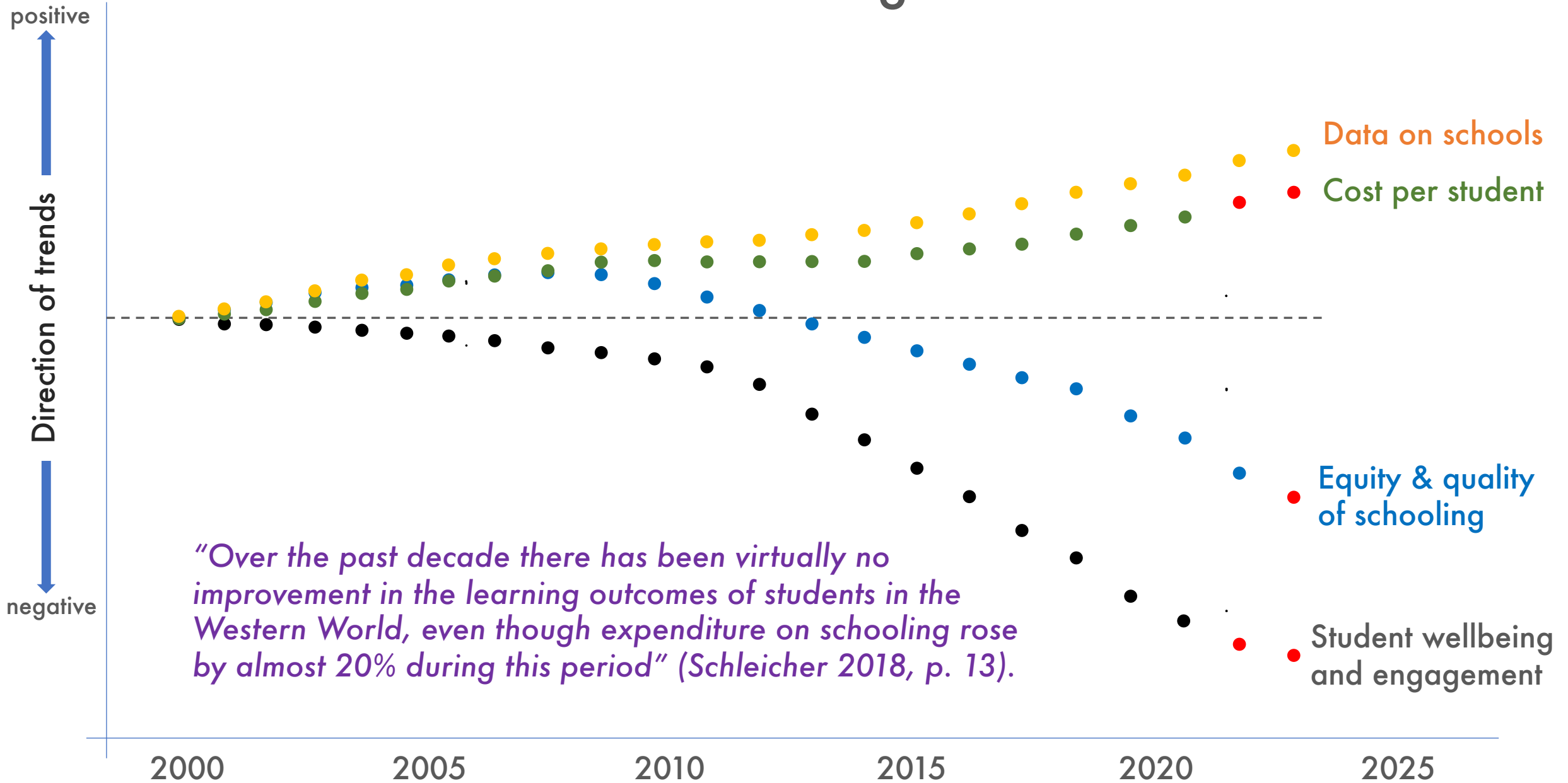
15:30 – 16:15 Pasi Sahlberg:
Leading learning and wellbeing in schools

1: Health of schooling

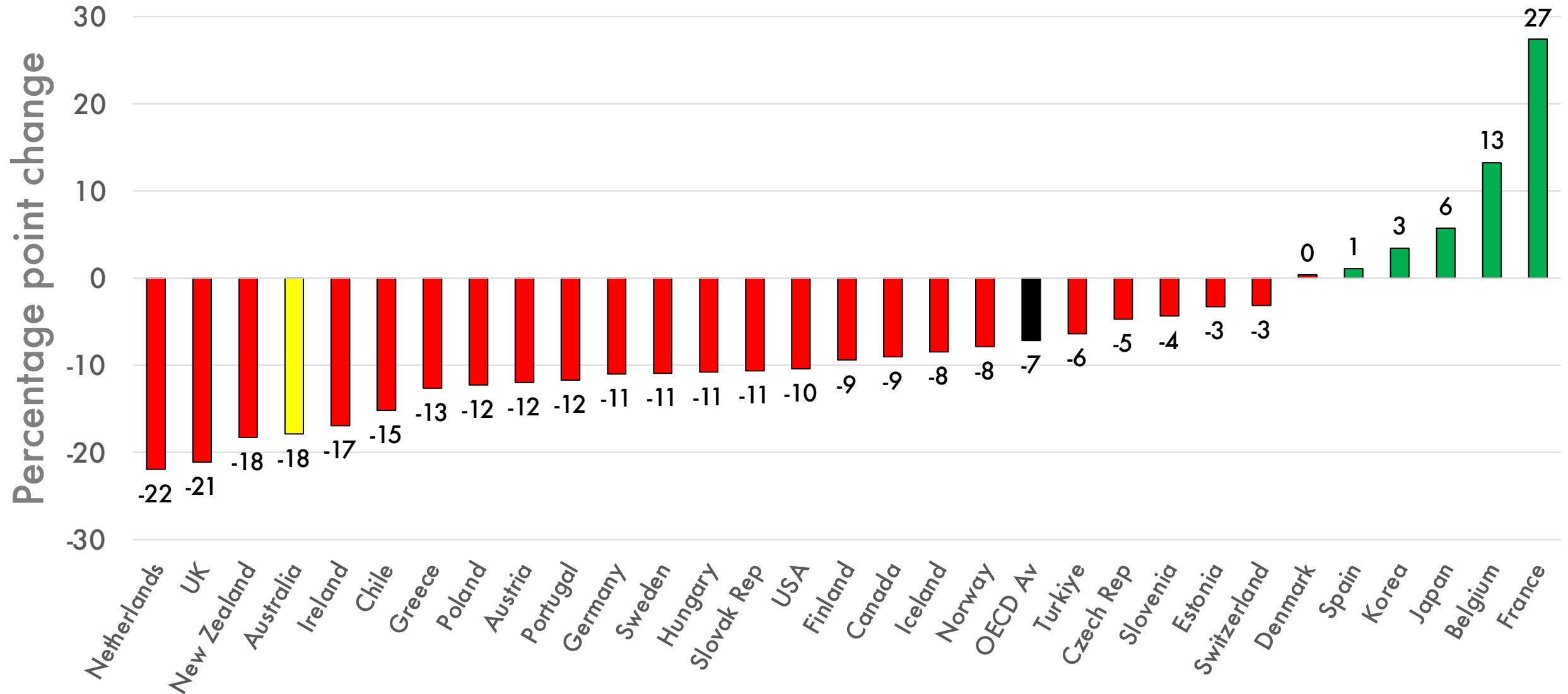
Global education reform movement



Global schooling trends

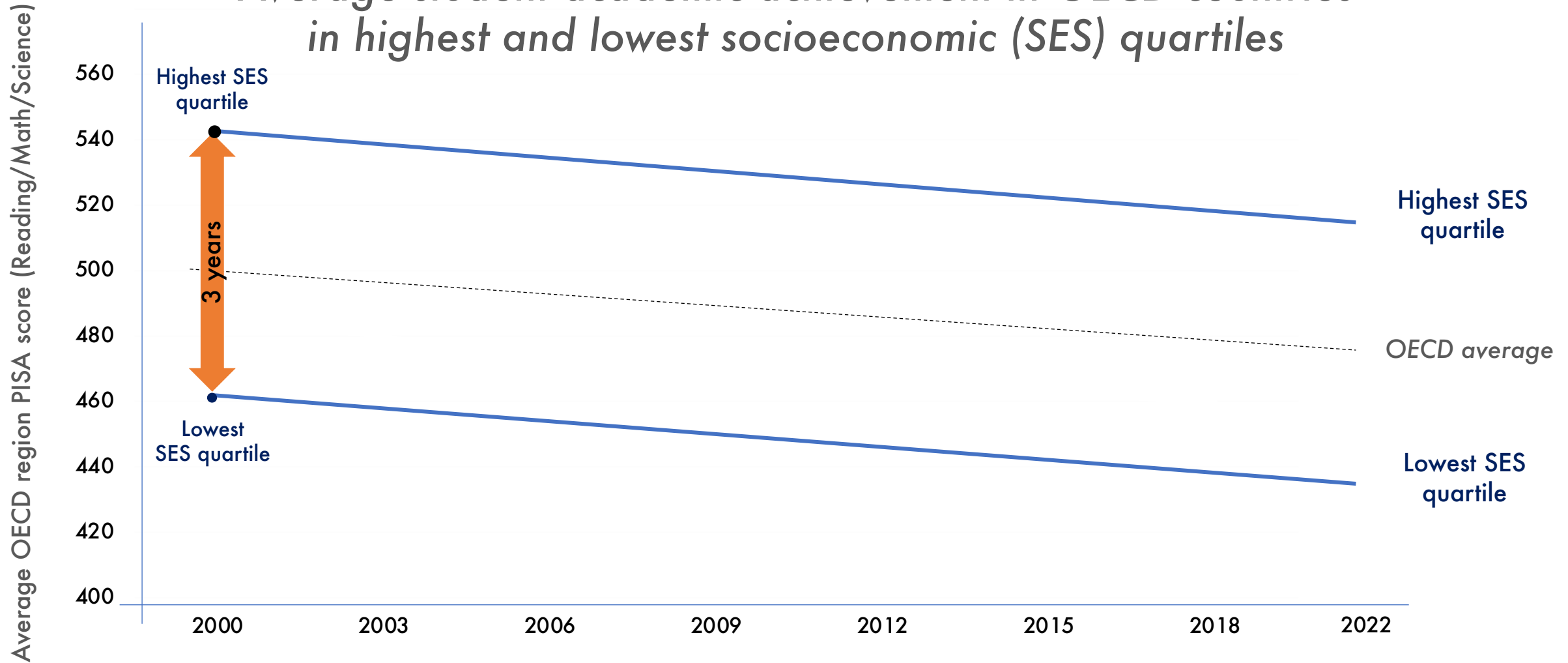


Change in students' "sense of belonging" at school

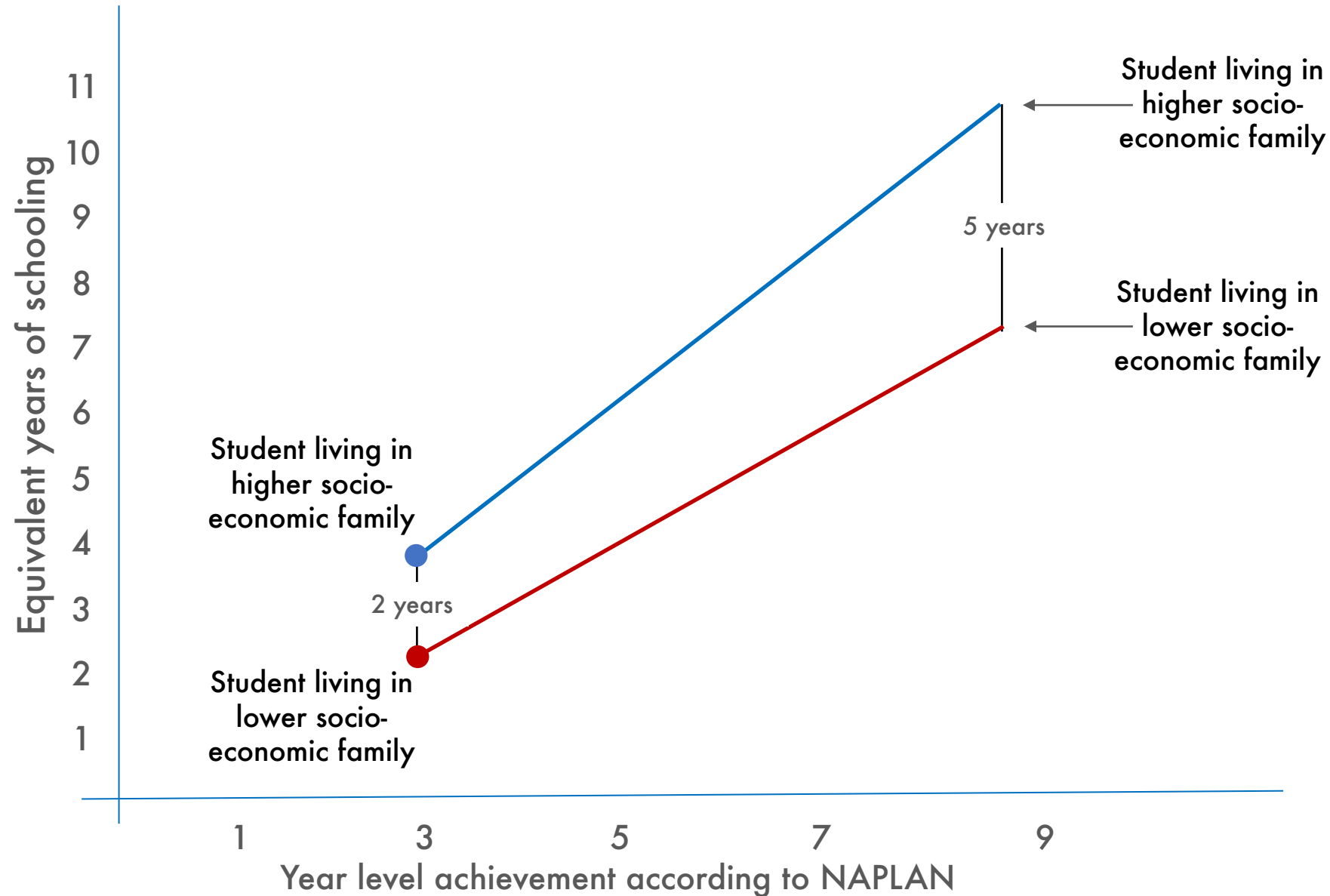


Achievement gaps since 2000

Average student academic achievement in OECD countries in highest and lowest socioeconomic (SES) quartiles



Does schooling level the playing field?





260 million children, adolescents and youth **are not at school** and just half of them achieve the basic level of proficiency required.

- Global Education Monitoring Report 2020



The **performance differences** across the OECD countries between the most socio-economically advantaged and disadvantaged students is equivalent to over three years of schooling.

-OECD PISA 2018



THE WORLD BANK

There is a **global learning crisis** that amplifies educational inequalities that severely hobbles the disadvantaged youth who most need the boost that a good education can offer.

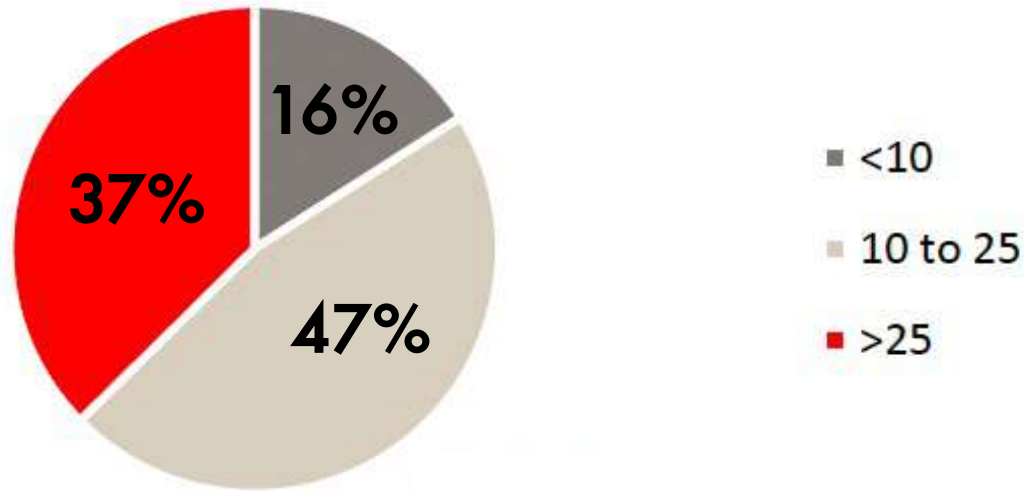
- Human Development Report 2018

2:

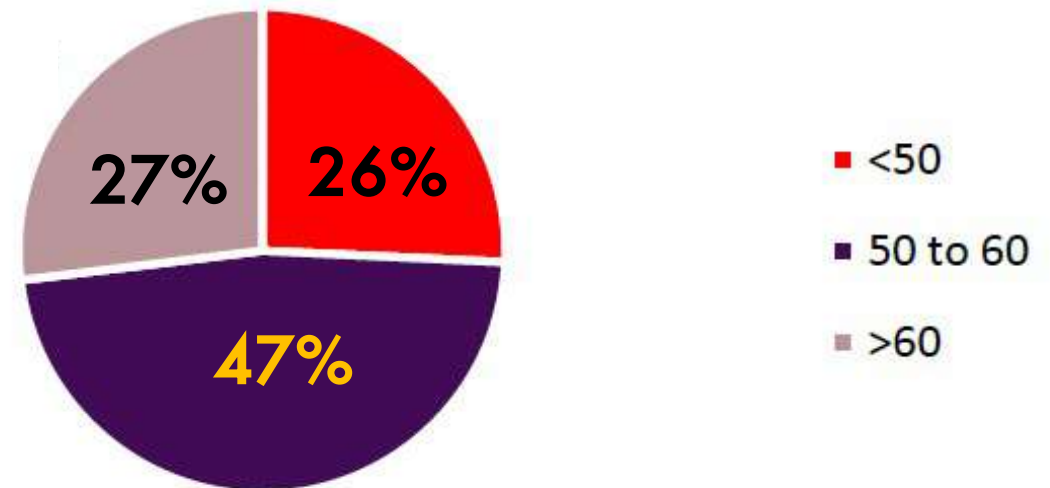
Principal wellbeing at a glance

Principals' working hours

Hours worked during the holidays



Hours worked during Term time



Top five sources of concern among principals

Most concerned student wellbeing issues

 **Mental Health**

 **Behavioural Problems**

 **Challenges Experienced by Those with Neurological and Complex Conditions**

 **School Avoidance**

 **Family Issues**

Most concerned staff wellbeing issues

 **Excessive Workload**

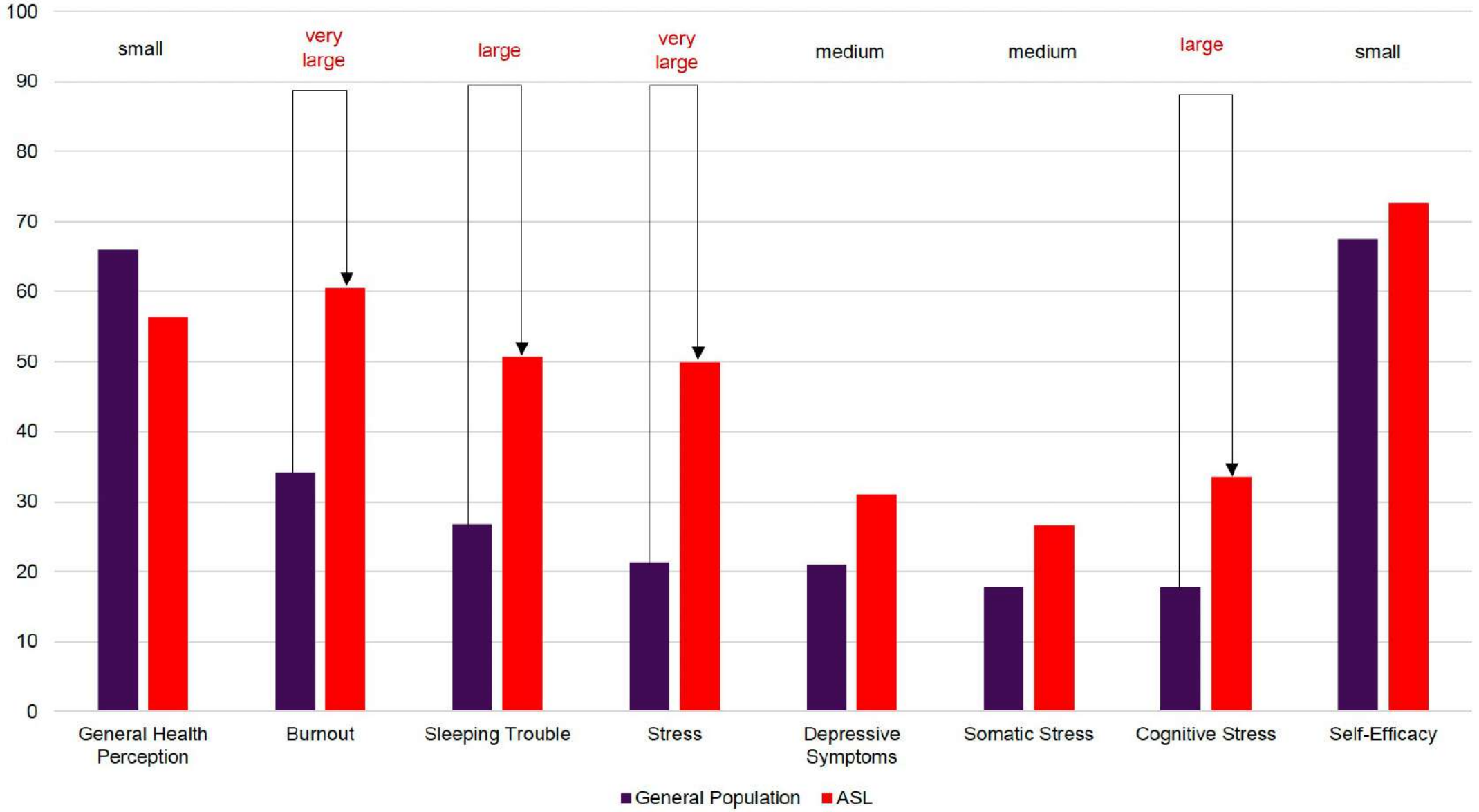
 **Mental Health**

 **Emotional Distress**

 **Conflict**

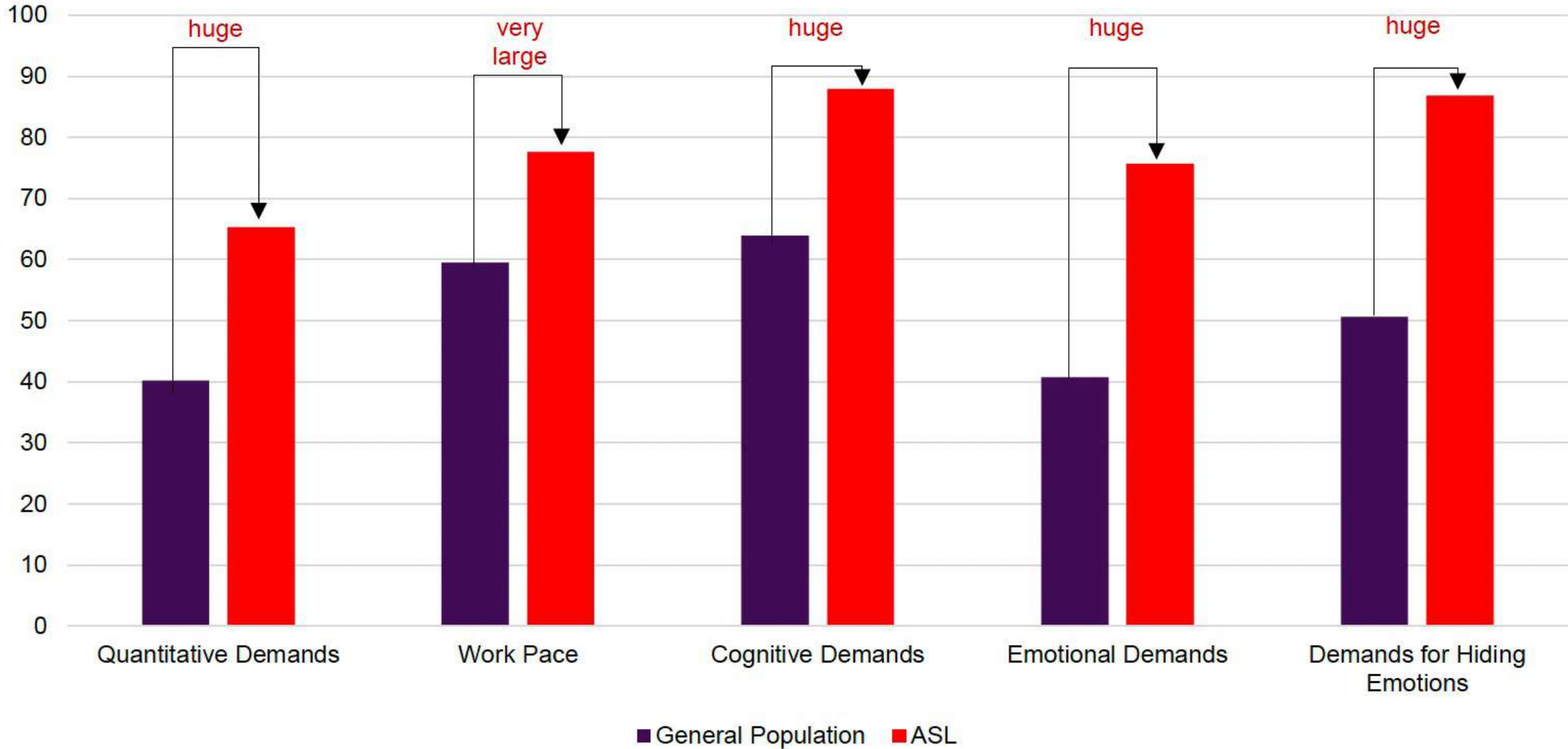
 **Caring Responsibilities**

Wellbeing of principals vis-a-vis general population



Source: The Australian Principals' Occupational Health and Wellbeing Survey (2024)

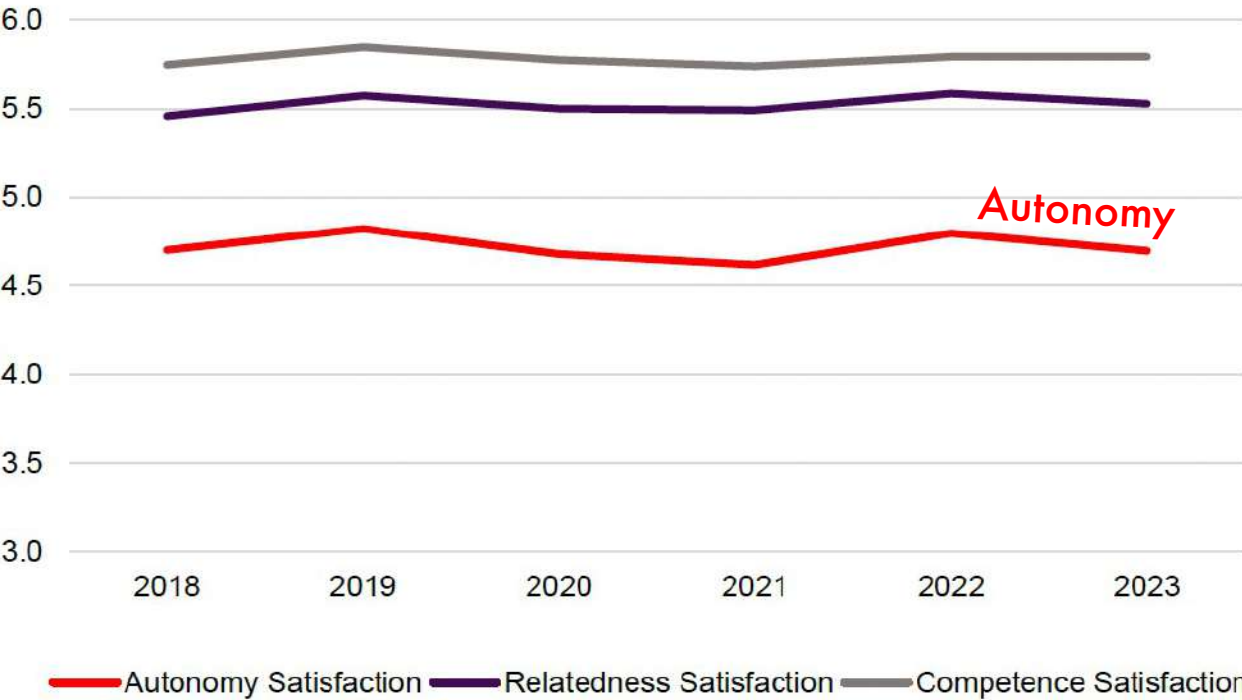
Demands for school principals vis-a-vis general population



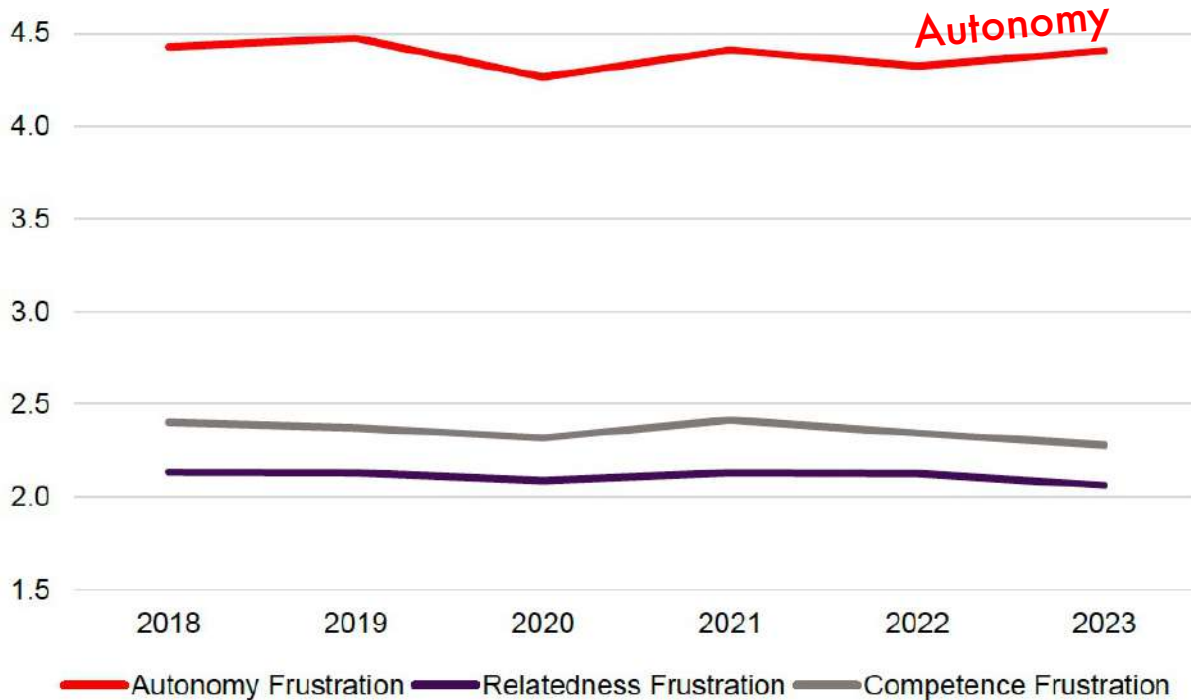
Source: The Australian Principals' Occupational Health and Wellbeing Survey (2024)

Principals' psychological needs: Satisfaction and frustration

Average Psychological Needs Satisfaction Scores

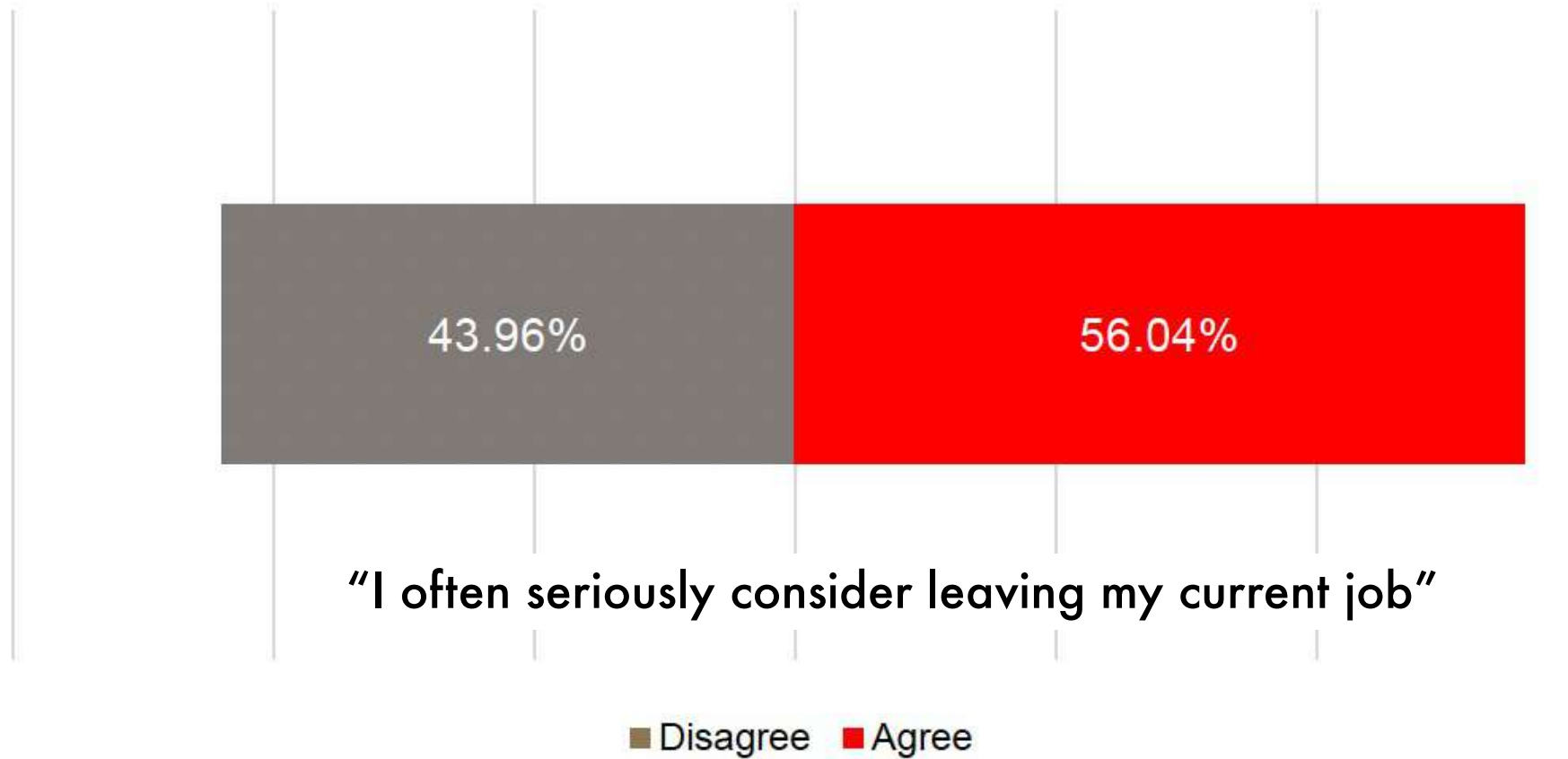


Average Psychological Needs Frustration Scores



Source: The Australian Principals' Occupational Health and Wellbeing Survey (2024)

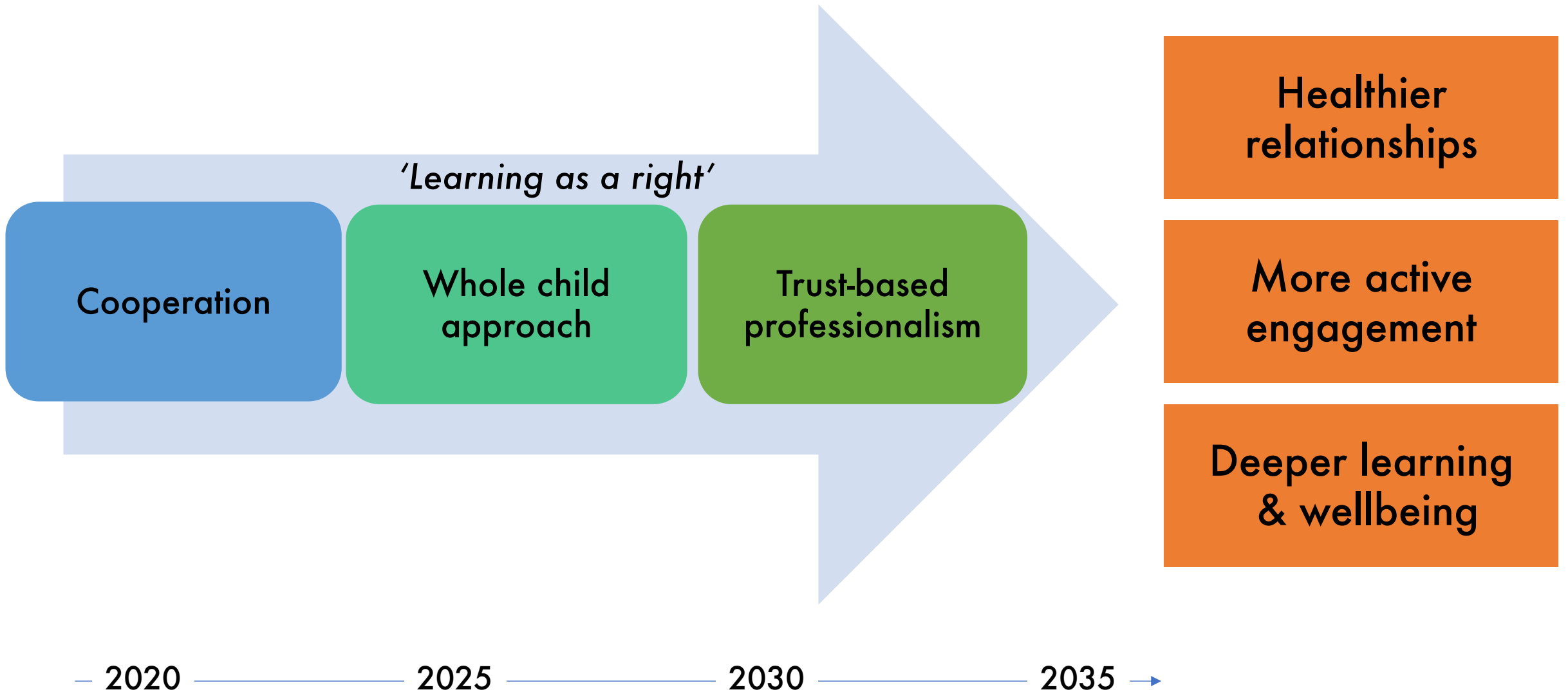
Intention to Quit for School Principals



3:

Leading learning and wellbeing in schools

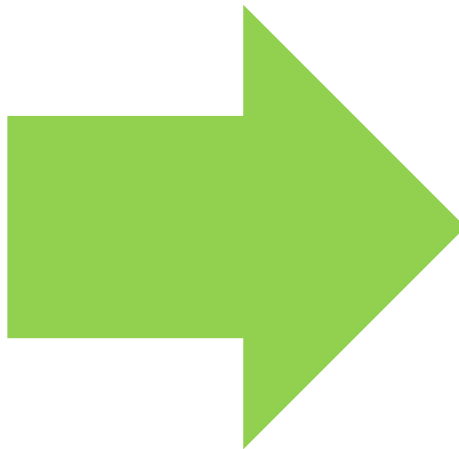
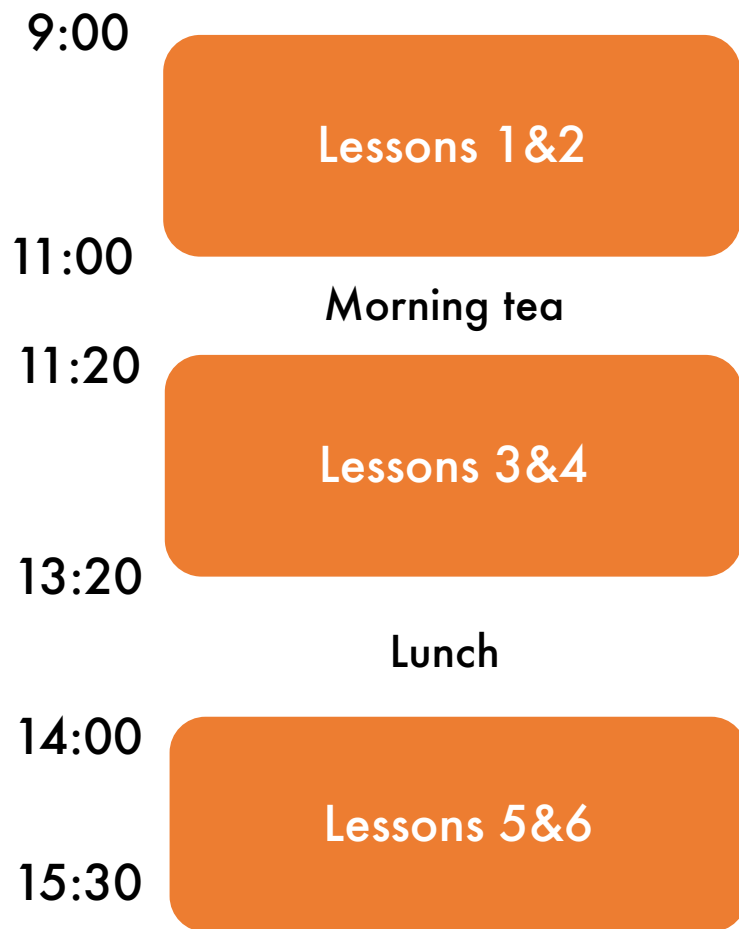
We need a new paradigm for schooling



Leading learning and wellbeing in schools requires more innovation, not just improvement.

1

Healthier relationships through time to play



2

Healthier school community through digital wellbeing

2 in 3

say technology is a growing distraction in their life.



89%

aged 25 or younger agreed that digital **technology poses an increasing distraction.**



24%

felt they were addicted to digital technology, and this number increased to **61% aged 25 or younger.**

These results indicate that **younger educators** are most at risk of the **negative effects of technology** overuse.

3

Happier schools through healthier food

Students and staff with access to healthy daily meals have been shown to have greater overall engagement in schools and consequently better wellbeing, teaching and learning outcomes.

“Schoolwide free-meal programs fuel better classroom outcomes for students.”
(Brookings Institute, 2021)



Thank you!